

AVERAGE INFANT FEEDING REQUIREMENTS CHART for weight gain of 1oz. per day

Babies Weight in		Oz. of	Babies Weight in		Oz. of	Babies Weight in		Oz. of
Pounds	Ounces	Req. Milk	Pounds	Ounces	Req. Milk	Pounds	Ounces	Req. Milk
5	0	12.0	8	0	19.2	11	0	26.4
5	1	12.2	8	1	19.4	11	1	26.6
5	2	12.3	8	2	19.5	11	2	26.7
5	3	12.5	8	3	19.7	11	3	26.9
5	4	12.6	8	4	19.8	11	4	27.0
5	5	12.8	8	5	20.0	11	5	27.2
5	6	12.9	8	6	20.1	11	6	27.3
5	7	13.1	8	7	20.3	11	7	27.5
5	8	13.2	8	8	20.4	11	8	27.6
5	9	13.4	8	9	20.6	11	9	27.8
5	10	13.5	8	10	20.7	11	10	27.9
5	11	13.7	8	11	20.9	11	11	28.1
5	12	13.8	8	12	21.0	11	12	28.2
5	13	14.0	8	13	21.2	11	13	28.4
5	14	14.1	8	14	21.3	11	14	28.5
5	15	14.3	8	15	21.5	11	15	28.7
6	0	14.4	9	0	21.6	12	0	28.8
6	1	14.6	9	1	21.8	12	1	29.0
6	2	14.7	9	2	21.9	12	2	29.1
6	3	14.9	9	3	22.1	12	3	29.3
6	4	15.0	9	4	22.2	12	4	29.4
6	5	15.2	9	5	22.4	12	5	29.6
6	6	15.3	9	6	22.5	12	6	29.7
6	7	15.5	9	7	22.7	12	7	29.9
6	8	15.6	9	8	22.8	12	8	30.0
6	9	15.8	9	9	23.0	12	9	30.2
6	10	15.9	9	10	23.1	12	10	30.3
6	11	16.1	9	11	23.3	12	11	30.5
6	12	16.2	9	12	23.4	12	12	30.6
6	13	16.4	9	13	23.6	12	13	30.8
6	14	16.5	9	14	23.7	12	14	30.9
6	15	16.7	9	15	23.9	12	15	31.1
7	0	16.8	10	0	24.0	13	0	31.2
7	1	17.0	10	1	24.2	13	1	31.4
7	2	17.1	10	2	24.3	13	2	31.5
7	3	17.3	10	3	24.5	13	3	31.7
7	4	17.4	10	4	24.6	13	4	31.8
7	5	17.6	10	5	24.8	13	5	32.0
7	6	17.7	10	6	24.9	13	6	32.1
7	7	17.9	10	7	25.1	13	7	32.3
7	8	18.0	10	8	25.2	13	8	32.4
7	9	18.2	10	9	25.4	13	9	32.6
7	10	18.3	10	10	25.5	13	10	32.7
7	11	18.5	10	11	25.7	13	11	32.9
7	12	18.6	10	12	25.8	13	12	33.0
7	13	18.8	10	13	26.0	13	13	33.2
7	14	18.9	10	14	26.1	13	14	33.3
7	15	19.1	10	15	26.3	13	15	33.5



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Babies Weight in		Oz. of	Babies Weight in		Oz. of	Babies Weight in		Oz. of
Pounds	Ounces	Req. Milk	Pounds	Ounces	Req. Milk	Pounds	Ounces	Req. Milk
14	0	33.6	17	0	40.8			
14	1	33.8	17	1	41.0			
14	2	33.9	17	2	41.1			
14	3	34.1	17	3	41.3			
14	4	34.2	17	4	41.4			
14	5	34.4	17	5	41.6			
14	6	34.5	17	6	41.7			
14	7	34.7	17	7	41.9			
14	8	34.8	17	8	42.0			
14	9	35.0	17	9	42.2			
14	10	35.1	17	10	42.3			
14	11	35.3	17	11	42.5			
14	12	35.4	17	12	42.6			
14	13	35.6	17	13	42.8			
14	14	35.7	17	14	42.9			
14	15	35.9	17	15	43.1			
15	0	36.0	18	0	43.2			
15	1	36.2	18	1	43.4			
15	2	36.3	18	2	43.5			
15	3	36.5	18	3	43.7			
15	4	36.6	18	4	43.8			
15	5	36.8	18	5	44.0			
15	6	36.9	18	6	44.1			
15	7	37.1	18	7	44.3			
15	8	37.2	18	8	44.4			
15	9	37.4	18	9	44.6			
15	10	37.5	18	10	44.7			
15	11	37.7	18	11	44.9			
15	12	37.8	18	12	45.0			
15	13	38.0	18	13	45.2			
15	14	38.1	18	14	45.3			
15	15	38.3	18	15	45.5			
16	0	38.4	19	0	45.6			
16	1	38.6	19	1	45.8			
16	2	38.7	19	2	45.9			
16	3	38.9	19	3	46.1			
16	4	39.0	19	4	46.2			
16	5	39.2	19	5	46.4			
16	6	39.3	19	6	46.5			
16	7	39.5	19	7	46.7			
16	8	39.6	19	8	46.8			
16	9	39.8	19	9	47.0			
16	10	39.9	19	10	47.1			
16	11	40.1	19	11	47.3			
16	12	40.2	19	12	47.4			
16	13	40.4	19	13	47.6			
16	14	40.5	19	14	47.7			
16	15	40.7	19	15	47.9			

From: The National
Research Council, Food and
Nutrition Board, National
Academy of Science.

